



The Group Therapist Perspective

INTERDISCIPLINARY INSIGHTS FOR GROUP PRACTITIONERS

May 2004

Officers

President
Ray Bakaitis, Ph.D.

President-Elect
Miriam Davis, MFT

Past-President
William Flaxman, Ph.D., MFT

Membership Chair
Miriam Davis, MFT

Secretary Pro Tem
Terrence O'Connor, MFT

Treasurer
Rich Hirschhoff, MFT

Parliamentarian Chair
Marvin Kaphan, LCSW, CGP

Historian
Terrence O'Connor, MFT

Research, Education, and Training
Edward A. Dreyfus, Ph.D., CGP

Newsletter Editor
Edward A. Dreyfus, Ph.D., CGP

Member at Large
Irene Harwood, Ph.D., FAGPA, CGP

Committees

Continuing Education Series
Bonnie Ray Kennan, MFT

Public Relations & Communications
Marvin Kaphan, LCSW, CGP

Training Institute
William Flaxman, Ph.D., MFT

Website Coordinator
Jo Christner, Psy.D.

The Group Therapist Perspective is published monthly. All rights are reserved. Submissions are due by the 15th day of each month for publication the following month. Send submissions, announcements, and ads to:
ead@docdreyfus.com

SAVE THE DATE FOR GPASC ANNUAL CONFERENCE

**Sunday, October 31, 2004
at the Radisson in Culver
City.**

We also have been very fortunate to get a world known presenter from the United Kingdom-- Dr. Una McKluskey. She has worked with Bowlby, is known for her research, publications, and work in attachment world-wide. She has also done workshops around the world applying it to group psychotherapy.

We do not have an exact title for the conference yet, but it will be something like "attachment, affect attunement, and successful interventions in individual and group psychotherapy." Her work is at the cutting edge of what is happening in the world of attachment and infant research, and we are lucky that she is one of the few who also applies it to group psychotherapy.

GPASC Continuing Education Series Presentation

***Improvisational Approaches in Group
Psychotherapy***

Norman Tabachnick, M.D., Evelyn Tabachnick, Ph.D.

Will be featured as part of The Mastering Group Therapy Series presented by

The Group Psychotherapy Association of Southern California

This Continuing Education workshop will be held on

May 16, 2004 from 1:00- 4:00 PM

**Encino Hospital
(In the Doctor's Dining Room, downstairs)
16237 Ventura Blvd, Encino, CA**

The cost is \$25.00 for GPASC members and \$50.00 for non-members
(fee includes certificate for three Continuing Education Credits).

SPACE IS LIMITED. To reserve a seat, call Bonnie Ray Kennan, M.F.T.,
at (310) 265-6644 or email her at Marabon@cox.net

This is an experiential workshop, a model of an improvisational group meeting. In this workshop you will: (1). explore the power of improvisation in theatre, (2) appreciate the value of improvisation in group therapy and (3) understand a theoretical basis for the use of improvisation in dynamic psychotherapy. It promises to be a special treat.

Norman Tabachnick, M.D., is certified in Psychiatry and Psychoanalysis, Clinical Professor of Psychiatry at U.C.L.A., training and supervising analyst at S.C.P.I., and I.C.P., as well as co-founder. Evelyn Tabachnick, Ph.D., studied at University of Chicago, U.S.C., and the Graduate Center for Child Development and Psychotherapy. She is currently a faculty member at California Institute for Clinical Social Work and Graduate Center for Child Development and Psychotherapy. Both Drs. Tabachnick are in private practice in Los Angeles.

The Group Psychotherapy Association of Southern California is approved by the American Psychological Association to offer continuing education for Psychologists. The Group Psychotherapy Association of Southern California maintains responsibility for the program.

MEMBERSHIP NEWS

[Please send anything that you wish to share with your colleagues, e.g., awards/honors received, licenses, publications, speaking engagements, etc.]

GPASC Membership Update

Mimi Davis, Membership Chair

The Executive Board wishes to congratulate the following individuals who have joined GPASC in the past 4-6 months:

Full Clinical Member Status

Melody Bacon, Ph.D.
David Clark, MFT
Dolly Cowen, MFT
Mario DeSalvo, MFT
Rochio Evans, MFT
Jody George, MFT
Lynelle Goodreau, MFT
Karen Greenhouse, MFT
Stephanie Ann Kann, MFT
Allen Koehn, MFT
Louise LeLievre, MFT
Michael Levitan, Ph.D.
Susan Mandel, Ph.D.
Christine Norman, MFT, Ph.D.

Affiliate Member Status

Lucinda Fabry, MA
Tony Hawkins, BSN
Christine Olney, MA
R. Grant Ramey, RN
Rick Thomas, MA

We welcome all of these new members and invite them to submit short "New Member Spotlights" for publication in our monthly e-newsletter, *The Group Therapist Perspective*, so that the general GPASC membership can become acquainted with them and with their work. Submissions should be e-mailed to the e-newsletter Editor, Edward Dreyfus, Ph.D. at ead@docdreyfus.com.

Save the date!!

GPASC President's Party

Sunday, June 13, 2004 Time: 3:00-7:00 P.M.

- Inauguration of new Board members
- Introduction of new GPASC Members
- Meet and Greet friends and colleagues

Members will be mailed invitations to our annual *President's Party and New Member Reception* with a request for you to RSVP to GPASC at (323) 960-5143. Please let us know if you will be bringing a guest and if you would like to bring some food to share at the party. When you RSVP you will be mailed, FAXed or e-mailed the address and a map. We are all looking forward to this festive annual event!

CLASSIFIED ADS

GPASC NEWSLETTER ADVERTISING RATES AND INFORMATION

Ads must be accompanied by a check, made payable to GPASC

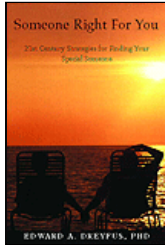
Member rates apply to current GPASC members only.

Type of Ad	Size	Member Rate	Non-Member Rate
Full page display	7.5" x 9.5"	\$75	\$110
¾ page display	5.0" x 7.0"	\$60	\$90
½ page display	7.5" x 4.75"	\$40	\$60
¼ page display	4.75" x 4.75"	\$30	\$50
1/8 page display	4.75" x 2.25"	\$20	\$35
1/16 page display	2.5" x 2.25"	\$15	\$30
Business Card	3.5" x 2.0"	\$15	\$30
Classified Ads	30 words *	FREE	\$25

* \$10 additional charge for any part of any additional 10 word increment

GPASC
P. O. Box 2631
Winnetka, CA 91396

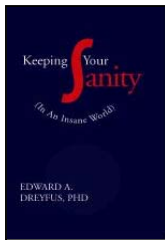
Two Books to Help Your Clients Find That Perfect Mate and to Live More Successfully



Someone Right for You: 21st Century Strategies for Finding Your Special Someone offers a unique strategy for finding an appropriate mate. All practitioners have heard their patients lament, "where can I find Mr./Ms. Right." This book will help them create a step-by-step plan based on an understanding of themselves and what they need to be happy in a relationship. Mental health practitioners know that fundamental in the quest for that all-important partner is knowing oneself. Dr. Dreyfus outlines an approach that incorporates the work that you and your clients are doing in psychotherapy. Based on his forty years of clinical practice, he has developed a step-by-step approach to finding an appropriate mate. It is an approach that is based on planning, logic, and forethought, rather than on luck, myth, and fantasy. The issues that are discussed and the case examples presented will be fodder for the therapeutic process.

*Publisher: Xlibris Corporation, 2003 ISBN #1-4134-2090-7 pp. 221 Retail Price: \$21.99
Available from BarnesandNoble.com, or for a 15% discount order directly from*

www.SomeoneRightForYou.com



Keeping Your Sanity (In An Insane World) Based on many years of clinical practice with hundreds of individuals, Dr. Dreyfus has written a series of thirty essays designed to give your clients an opportunity to explore themselves as they come to terms with the various trials and tribulations of everyday life. Clients can often learn through reading. They often feel out of control. Most of them, however, do not recognize that they have a lot more control over how the issues they face affect them and how to cope with these issues than they give themselves credit for. Written in an easily comprehensible style, the essays cover such concerns as: relationship issues, social issues, addictions, environmental crises, personal tragedies, illness, depression, spiritual issues, sexuality, and more. Clients often find that they identify with the issues discussed in the book and are more willing to explore their concerns once they have recognized that others are struggling with similar issues.

***Publisher: Xlibris Corporation, 2003 ISBN # 0-7388-2207-8 pp. 310 Retail Price: \$21.99
Available from BarnesandNoble.com, or for a 15% discount order directly from***

www.KeepingYourSanity.com



Edward Dreyfus, Ph.D., CGP, has been in private practice in Santa Monica, California as a clinical psychologist, marriage-family therapist, sex therapist, and life coach for almost four decades. In addition to having published four books, he has published frequently in professional journals and newspapers, presented at local and national conventions; he has often been quoted in local and national magazines and has appeared as a guest on TV and talk-radio programs. He is a past-president of the Group Psychotherapy Association of Southern California and the Los Angeles Society of Clinical Psychologists.

In 1996, he received the Distinguished Psychologist Award from the Los Angeles County Psychological Association. He is a Fellow of the American Psychological Association and is listed in Who's Who in America.