



# The Group Therapist Perspective

INTERDISCIPLINARY INSIGHTS FOR GROUP PRACTITIONERS

JULY 2003

## Officers

President  
Miriam Davis, MFT

President-Elect  
Bonnie Ray Kennan, MFT

Past-President  
Ray Bakaitis, Ph.D.

Membership Chair  
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Secretary  
Terrance O'Connor, MFT

Treasurer  
Rich Hirschhoff, MFT

Parliamentarian &  
Nominations Chair  
Marvin Kaphan, LCSW, CGP

Historian  
Terrance O'Connor, MFT

Research, Education, and Training  
Edward A. Dreyfus, Ph.D., CGP

Newsletter Editor  
Edward A. Dreyfus, Ph.D., CGP

Member at Large  
Dana Longino and Nickie Godfrey

### Committees

Annual Conference  
Irene Harwood, Ph.D., CGP

Continuing Education Series  
Bonnie Ray Kennan, MFT

Public Relations & Communications  
Marvin Kaphan, LCSW, CGP

Training Institute  
William Flaxman, Ph.D., MFT

## PRESIDENT'S MESSAGE

Mimi Davis, MFT

It is with great pleasure and excitement that I have begun my tenure as GPASC's new President. The inauguration of our new Board climaxed last Sunday afternoon's lively and friendly reception at Barbara and Ed Dreyfus's "good will inspiring" home. Out-going President, Ray Bakaitis, shared his thoughtful experience of helming our organization for the past year as well as his gratitude to several GPASC Board members who acted as his mentors and guides throughout that time. After introductions all around, the enjoyment of an eclectic buffet, trading personal and professional news, and enjoying the fun of our shared raffle gifts, Ray handed the "symbolic" gavel to me.

It is my pleasure to introduce the rest of the "new" Board:

- *President-Elect*, Bonnie Kennan
- *Treasurer*, Rich Hirschhoff
- *Secretary*, Terrence O'Connor
- *Past-President*, Ray Bakaitis
- *Parliamentarian and P.R. Chairperson*, Marvin Kaphan
- *Newsletter Editor*, Ed Dreyfus
- *Historian*, Terrence O'Connor
- *Conference Chairperson*, Irene Harwood
- *Chair, Research, Education and, Training* Ed Dreyfus
- *Continuing Education Series*, Bonnie Kennan
- *Members at Large*, Dana Longino and Nickie Godfrey

New members who attended yesterday's reception, Chris Norman, Lynelle Goodreau and Rebecca Fletcher, were warmly greeted by "older" GPASC members...as were several potential members and other guests. It was an afternoon of relaxation, camaraderie and collegial sharing...enhanced by the always gracious generosity of our hosts, Barbara and Ed Dreyfus.

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ead@docdreyfus.com

In the spirit of collegial camaraderie, I spoke briefly of my intention to launch a series of “salon” style afternoons at members’ homes or office...events which can be viewed as peer consultation afternoons or collegial consultation. It is also in this spirit that I encourage members to support and attend our various workshops, the October conference and our fledgling but vibrantly successful Institute

I am hoping that members receiving this e-Newsletter will fill out the questionnaire that is included, so that the Board and I can create events and services that meet the needs of the Membership...and so that GPASC members can increase their active involvement to insure that these activities truly materialize. An organization’s effectiveness is in direct relationship to the energy and input of its membership. My goal, during my Presidency, is to support the educational work that our organization has already launched, to find new and creative ways to foster the awareness and use of group process in the psychotherapy community, to increase the involvement of professionals who are already members of GPASC and to extend the benefits of membership to others in our community.

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**GPASC Continuing Education Series Presentation**

*The Anatomy of Anger In Group  
Psychotherapy*

**Andrea Brandt, Ph.D., MFT**

**Will be featured as part of The Mastering Group Therapy Series presented by**

**The Group Psychotherapy Association of Southern California**

**This Continuing Education workshop will be held at the**

**Wellness Community  
2716 Ocean Park Blvd., Suite 1040  
Santa Monica, CA  
On Sunday, July 11, from 1:00-4:00 p.m.**

The cost is \$25.00 for GPASC members and \$50.00 for non-members  
**This fee includes certificate for three Continuing Education Credits.**

**To reserve a seat, call Bonnie Ray Kennan, M.F.T.,  
at (310) 265-6644 or email her at [Marabon@cox.net](mailto:Marabon@cox.net)**

A therapist's comprehensive understanding of anger can enliven and intensify any group. Join us for a spirited exploration of various aspects of anger in group therapy. Knowing the difference between adaptive and maladaptive responses to anger can mean success or failure in a group. Explore ways to handle the therapist's *own* anger at group members. This workshop promises to be outstanding. Don't miss it!

*Andrea Brandt, Ph.D., a licensed psychotherapist for over 25 years, has a private practice in Santa Monica. She specializes in relationships, blended families, abuse issues of any kind, as well as individual, group, and marital therapy. She is also the author of the audio tape, "The Anger Zone," and is currently working on a book about family anger and conflict.*

**The Group Psychotherapy Association of Southern California is approved by the American Psychological Association to offer continuing education for Psychologists. The Group Psychotherapy Association of Southern California maintains responsibility for the program.**

**Please complete and return to:**

[mimidavis@earthlink.net](mailto:mimidavis@earthlink.net)

(highlight this page, cut and paste into an e-mail)

**or print and mail to:**

Miriam Davis, MFT

2625 West Alameda Avenue, Suite 514

Burbank, CA 91505

**GPASC Membership Involvement**

**My Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**E-Mail Address:** \_\_\_\_\_

**I am interested in participating in the following GPASC activities (please check any or all that you are interested in):**

1. **Help with education (workshops, Institute, etc.)** \_\_\_\_\_ .

2. **Help with annual Conference, October 31<sup>st</sup>** \_\_\_\_\_

3. **Help organize and run Telephone Tree** \_\_\_\_\_

4. **Participate in informal, monthly therapist peer groups** \_\_\_\_\_  
(Collegial co-supervision and support) **If you checked this,**  
**please indicate preferred location:**

a. **Beverly Hills** \_\_\_\_\_

b. **San Fernando Valley** \_\_\_\_\_

c. **Santa Monica** \_\_\_\_\_

**Please write in preferred day of week & time of day:** \_\_\_\_\_

5. **Help with community and school outreach** \_\_\_\_\_

6. **Assist Board Members with various responsibilities, as needed** \_\_\_\_\_

7. **Other** \_\_\_\_\_

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**SAVE THE DATE! Sunday, October 31,  
2004**

GPASC ANNUAL CONFERENCE, OCTOBER 31, 2004  
at the Radisson Hotel, Los Angeles Westside  
6161 West Centinela Avenue  
Culver City, CA 90230

Features a day on

**"Attachment, Affect Attunement, and  
Successful  
Interventions in Individual and Group  
Psychotherapy"**

with Dr. Una McCluskey, Senior Lecturer in Social Work,  
at the  
Department of Social Policy and Social Work, University  
of York, United Kingdom.

Dr. McCluskey has pioneered research methods in the  
analysis of  
non-verbal communication of affect between adults,  
building on the body of work of infant parent  
interactions, on which she has published extensively.  
She has demonstrated the application of her work to  
group in Europe and the United States. Her book:

**To Be Met As a Person, the Dynamics of Attachment in  
Professional Encounters: Goal-Corrected Empathic Attunement  
(in press).**

Participants in this conference will get to hear about  
the research,  
see video images of individual interaction, role play  
these patterns,  
observe the non-verbal emotive messages and explore in  
small groups the arousal and the internal or external  
support for different motivational systems and the  
implications for therapeutic work with individuals and  
groups.

For further information call or write  
The Group Psychotherapy Association of Southern California  
(323) 960-5143  
PO Box 2631, Winnetka, CA 91396  
E-mail: [groups@gpasc.org](mailto:groups@gpasc.org)  
or  
Sign on to the mailing list on the website

<http://www.gpasc.org/>