



The Group Therapist Perspective

INTERDISCIPLINARY INSIGHTS FOR GROUP PRACTITIONERS

August 2004

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PRESIDENT'S MESSAGE

Mimi Davis, MFT

I am personally and collegially excited about all the participation and activity that GPASC Board members are engaged in on behalf of the general GPASC membership. At last Sunday's Board Meeting a variety of projects were discussed, launched or reported on which involved every Board member...and which will eventually be available to every GPASC member. GPASC members will be able to actively participate in bringing these projects to fruition and, in turn, they will benefit from the rich array of educational and experiential opportunities presented to them. This activity and interplay is the heart and soul of a vital professional organization.

Irene Harwood, Ph.D., is spearheading the October Conference, an event which will offer the professional psychotherapy community of Los Angeles a unique opportunity to learn and deal with cutting edge attachment theory and its practical application to group therapy. Dr. Harwood has engaged noted British psychoanalyst and teacher, Dr. Una McCluskey, to provide a didactic and experiential learning experience, giving conference attendees an opportunity to actively absorb and use these exciting theories under her expert guidance.

Irene is being assisted by Bill Flaxman, Ph.D. (a former GPASC President and previous Conference Chair), who is also involved with organizing the format for the 2nd year of the GPASC Institute.

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Send submissions, announcements, and ads to:
ead@docdreyfus.com

Plans are being developed by Bill and other members of the Research, Education and Training Committee (Ed Dreyfus, Ph.D. and Bonnie Ray Kennan, MFT) to expand the Institute's training to additional group psychotherapy theories and approaches. The first year has been devoted to Gestalt theory and therapy, taught by Stella Resnick, Ph.D.

Bonnie Kennan, MFT (President-Elect and Chair of the Continuing Education Series) presented her ideas for next year's "Mastering Group Therapy Series". As the result of the positive response to the Series' first workshop, "The Nuts and Bolts of Group Therapy", Bonnie (with the enthusiastic agreement of the Board) is planning to expand this first workshop of the series into a full day workshop to be offered in January.

As with the original workshop, breakout groups will allow attendees to discuss and really work through various ideas, details and concerns related to forming and structuring groups. This time, however, there will be plenty of needed time to do this work, something that all attendees at the first workshop asked for.

Last, but not least, Board Members are once again activating the Member Telephone Tree to facilitate communication among members and between the Membership and the Board. Each Board Member has a list of Members to contact and the goal will be to make contact (by phone rather than email) at least once every two months. I will also be sending members this contact list so that you will all know who your Board Contact person is. I encourage members to make use of this direct line of communication with the Board...to make their wishes known, to facilitate a collegial exchange of ideas and to enhance general group cohesion and communication. If any of you wish to participate in the various activities coming up, or wish to give me personal input about any of GPASC's projects, plans or policies, please contact me at mimidavis@earthlink.net. I look forward to this year as GPASC's President.

GPASC TRAINING INSTITUTE MEMBERSHIP SURVEY

The purpose of this survey is to gather feedback and ascertain GPASC membership interest in attending the Training Institute. Your completing this survey will be very helpful in the implementation of this proposed training program -- each member's response is important. Please respond immediately upon receiving this survey.

The intent of the GPASC Training Institute is to offer a series of training workshops in each of several proposed modalities of group psychotherapy and eventually other psychoeducational specialty modes. These training workshops will be available for licensed therapists (a) who either may not have group experience or (b) who may be experienced group therapists seeking training in additional modalities, and (c) for graduate school students seeking to acquire training in various group psychotherapy modalities in order to supplement their education and clinical skills.

Licensed therapists will receive 36 continuing education credits for each GPASC Training Institute workshop completed. Each GPASC Training Institute group will meet for either twelve 3-hr. or eighteen 2-hr. meetings, depending on which time frame is most appropriate in the judgment of the presenter. Licensed therapists and graduate students who complete a GPASC Training Institute workshop, and course evaluation, will receive a GPASC Certificate of Training in that modality.

A GPASC Training Institute workshop in Gestalt Group Therapy is in progress and is due for completion in September. Members of this Gestalt Training group have given consistent positive reports supporting the excellence of this training program. Fees for these workshops are: \$900 (or \$25 per unit) for non-members; \$720 (or \$20 per unit) for GPASC members; and \$540 (or \$15 per unit) for unlicensed graduate students.

Thank you for your participation. The results of this survey will be posted in the September e-newsletter issue of the "Group Therapist Perspective" which can also be found on (www.gpasc.org). If you would like to be informed directly of the survey results, please include your name and address under question #10.

Please copy, paste, and complete your survey response and e-mail it to:

williamflaxmanphd@earthlink.net

Or print it out, complete and mail to:

**G.P.A.S.C.
P.O. Box 2631
Winnetka, CA 91396**

GPASC Training Institute Membership Survey

1. I am a: LCSW___ MFT___ Nurse___ Psychiatrist___ Psychologist___ CAADAC___
Grad Student___ (at _____) Other_____
2. I am currently conducting a group as part of my practice. Yes___ No___
3. The group therapy modality I most identify with is: _____.
4. I have___ (or) have never___ conducted group therapy as part of my practice.
5. I am interested in furthering my training in group psychotherapy by enrolling in a GPASC Training Institute workshop. Yes___ No___
6. Rank in order of your preference, the three modalities in which you would be most interested in enrolling:
- ___Cognitive-Behavioral ___Voice Dialogue (Psychology of Selves)
___Existential-Humanistic ___Gestalt Process Group ___Jungian
___Psychoanalytic (Intersubjectivity/Self Psychology)
7. Rank, in order of your preference, which training time you would most prefer:
- ___ weekday mornings ___weekday afternoons
8. Rank in order of your preference a starting date for training: ___Fall 2004 ___Winter 2004
___Spring 2005 ___Summer 2005 ___not interested
9. Please provide feedback or comments regarding the Training Institute or survey:

10. (Optional)

Name: _____

Address: _____

City: _____, Zip _____

CONTINUING EDUCATION SERIES

Dear Workshop Participant:

Thank you for helping us to make our *Mastering Group Psychotherapy 2004* series a success. Our goal was to create a meaningful training experience where colleagues could gather regularly to explore various aspects of group psychotherapy. Although we still have two excellent workshops to go, we are already working on next year. We are interested in continuing to present high quality continuing education and would appreciate your feedback.

1. What group-related topics would you like to see in our upcoming series?
2. Who would you like to see present workshops in 2005?
3. Which workshop/s from the 2004 series were particularly useful and why?
4. Would you attend a six hour *Nuts and Bolts of Group Psychotherapy* workshop in January?

We've gotten several requests for practical information on setting up groups in private practice. What else sounds interesting to you? We would like to meet your needs. Let me know your thoughts and preferences. Please take a few minutes to email me at Marabon@cox.net or call me at (310) 265-6644. I will listen carefully to your voice mails, or if you would like to speak directly, let me know and I will return your call.

Thank you very much for your cooperation.

Sincerely,

Bonnie Ray Kennan, MFT
Continuing Education Series Coordinator

**SAVE THE DATE! Sunday, October 31,
2004**

GPASC ANNUAL CONFERENCE, OCTOBER 31, 2004

at the Radisson Hotel, Los Angeles Westside
6161 West Centinela Avenue
Culver City, CA 90230

Features a day on

**"Attachment, Affect Attunement, and
Successful
Interventions in Individual and Group
Psychotherapy"**

with Dr. Una McCluskey, Senior Lecturer in Social Work,
at the
Department of Social Policy and Social Work, University
of York, United Kingdom.

Dr. McCluskey has pioneered research methods in the
analysis of
non-verbal communication of affect between adults, building on the body of work of infant parent
interactions, on which she has published extensively. She has demonstrated the application of her work to
group in Europe and the United States. Her book:

**To Be Met As a Person, the Dynamics of Attachment in
Professional Encounters: Goal-Corrected Empathic Attunement**
(in press).

Participants in this conference will get to hear about
the research,
see video images of individual interaction, role play
these patterns,
observe the non-verbal emotive messages and explore in
small groups the arousal and the internal or external
support for different motivational systems and the
implications for therapeutic work with individuals and
groups.

For further information call or write
The Group Psychotherapy Association of Southern California
(323) 960-5143
PO Box 2631, Winnetka, CA 91396
E-mail: groups@gpasc.org
or

Sign on to the mailing list on the website
<http://www.gpasc.org/>

MEMBERSHIP NEWS

On behalf of the Executive Board and the entire GPASC membership, I would like to welcome the following new members into the Group Psychotherapy Association of Southern California:

**Csilla Andor, MFT.....Full
Stacey Berlin, PsyD.....Full
Christo Franklin, MA....Associate
Julio Hernandez, BA.....Associate
Denise Mandel, Ph.D.....Full
Vickie Parker, MFT.....Full
Susan Seeck, MFT.....Full
Karen Shore, Ph.D.....Full
Evelyn Tabachnik, Ph.D....Full (Complementary)
Norman Tabachnik, Ph.D...Full (Complementary)
Susan Walsh, MFT.....Full
Lori Weinstock, MSW....Full**

We are all delighted to have you join our organization and look forward to meeting, working and learning with all of you in the near future.

You are all invited to submit a Member Spotlight to our e-Newsletter Editor, Edward Dreyfus, Ph.D., for publication in our upcoming newsletters. Please contact Ed to get more details on how and when to do this. His email address is: ead@docdreyfus.com.

Miriam (Mimi) Davis, MFT

LETTER FROM THE EDITOR

Since GPASC is a relatively small group of professionals (there fewer than 100 of us), it is possible to getting to know one another quite well. Our mission is to create a sense of professional intimacy among our members not usually possible in large professional organizations. There are a few ways that we can get know to one another quite easily. (1) participating in a committee or serving on the Board of Directors, (2) attending the CES workshops where many of same people meet every other month to participate in informal workshops and collect three units of continuing education credit, and (3) by contributing articles, ads, book reviews, etc. to the Group Therapist Perspective.

The following are some specific ways to use the Group Therapist Perspective to promote greater connection with your colleagues, receive referrals, promote your practice, and create a greater sense of community:

- New Member Spotlight: New members can contribute a short piece (don't worry about the size or grammar, etc.; I will take care of the editing. Tell us about yourself, your practice, your hobbies, etc. Anything that you would like to share about yourself to help us get to know you.
- Write an article that describes an interesting case showing the power of group therapy, describe a group strategy or new approach, or make suggestions as to how we might utilize group therapy in unique ways.
- Write a book review of any book or article that you found interesting.
- Share information that you obtained from attending workshops or conference that you believe others might find interesting as well.
- Advertise your practice, group openings, new groups, etc.

Remember, the Group Therapist Perspective is your newsletter. It reaches over three hundred people since we send it not only to members, but others individuals and groups as well.

Hoping to see you at the annual conference!

Ed Dreyfus, Editor

CLASSIFIED ADS

GPASC NEWSLETTER ADVERTISING RATES AND INFORMATION

Ads must be accompanied by a check, made payable to GPASC

Member rates apply to current GPASC members only.

Type of Ad	Size	Member Rate	Non-Member Rate
Full page display	7.5" x 9.5"	\$75	\$110
¾ page display	5.0" x 7.0"	\$60	\$90
½ page display	7.5" x 4.75"	\$40	\$60
¼ page display	4.75" x 4.75"	\$30	\$50
1/8 page display	4.75" x 2.25"	\$20	\$35
1/16 page display	2.5" x 2.25"	\$15	\$30
Business Card	3.5" x 2.0"	\$15	\$30
Classified Ads	30 words *	FREE	\$25

* \$10 additional charge for any part of any additional 10 word increment

GPASC

P. O. Box 2631
Winnetka, CA 91396

Immigrant Psychotherapy Group

Traditional, mixed psychotherapy group focusing on relationship, intimacy, sexual, family and career issues. However, group members are all immigrants. This group may be recommended for immigrant clients who might otherwise be wary of entering a psychotherapy group; or clients who could benefit from a supportive, interpersonal environment which is sensitive to how their development has been affected by their immigration experience. Tuesday evenings, West Los Angeles. Raymond Bakaitis, Ph.D., (310) 841-6870.

Mixed Psychotherapy Group

Mixed psychotherapy group for well functioning women and men with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Current membership is non-gay. Wednesday evenings, West Los Angeles. Raymond Bakaitis, Ph.D., (310) 841-6870.

Office space available in Burbank

Attractive, fully furnished office rooms available for rent on an hourly, daily, weekly or monthly basis. Convenient location: close to major studios, hospital, freeways. All conveniences supplied, including call light system. If interested, please call Mimi Davis at (818) 848-3022 or email at mimidavis@earthlink.net.