



# The Group Therapist Perspective

INTERDISCIPLINARY INSIGHTS FOR GROUP PRACTITIONERS

August / September 2001

## PRESIDENT'S MESSAGE: MY JOURNEY TO THE PRESIDENCY By: Edward Dreyfus, Ph.D.



This is the first column of my presidency of GPASC. While I was honored to be asked to assume the presidency of this organization, I do so with no small degree of trepidation. GPASC has a long and illustrious history, with some of the most influential people in the mental health field having served as its President. I was in awe when I read the list of notables in whose footsteps I am following. I wondered whether they came to their presidency in the same way that I came to this office. Let me tell you how it happened.

Approximately two years ago I received a phone call from our "Ambassador of Goodwill," Vicki Dauber, to have lunch one afternoon. Ms Vicki, as I fondly think of her, was so gracious that I could not resist. During our lunch, Ms Vicki asked me whether I would consider being a co-chair for the annual conference in 2000. I told her that I would consider it, but that I was very hesitant since I had only been a member of the organization for less than a year. She assured me that I should not worry and I would receive lots of support. So after considering it for a few days, I accepted thinking that it would be an opportunity to get to know some colleagues in a more intimate way. I attended the first of series of committee meetings where I would learn about my duties as Conference Co-Chair. I believe it was only after I had attended a couple of conference committee meeting and a couple of Board meetings, that I was asked whether I would consider becoming President-elect. I was totally taken aback by the suggestion. And then it occurred to me that GPASC was desperate. GPASC was in need of warm bodies to fill vacancies and I was a hot prospect.

I knew firsthand of the kind of struggles professional organizations have to stay solvent, stay active, and serve the needs of their membership. I had been President of the Los Angeles Society of Clinical Psychologists, another small organization that has been around for almost 50 years with about 100 members.

It, too, has had a long and illustrious history. And it too was and is struggling to keep afloat. Presidencies and other Board positions are filled by those who are available and willing to serve. A small group of people, the dedicated die-hards, who hold to high ideals and believe in the mission of the organizations, keep them running.

What motivated me to accept the invitation was the dedication and enthusiasm of the individuals I met during those conference committee meetings and the Board meetings during the past two years. I only wish that there were a few dozen others with the same degree of dedication to the organization and the profession as those few. I am sure that there are those among you who have the spirit tucked away underneath your busy professional and familial lives. There are those who believe that you have to know a lot about the organization in order to participate and to run for office. And there are others who believe that it would take an inordinate amount of time to be an active participant. Neither is true. Look at me; I joined and before I knew it I became your President! An unprecedented ascent to power!

A second reason for my accepting the invitation was that I bought the vision. I could see the value of being a boutique professional organization, responsible to no one but its membership, that could cater to the professional needs of its membership. Being small, we could become more intimate than other large organizations. We have the opportunity for a high degree of interaction, mutual support in expanding our practices, cross-referrals, peer supervision, study groups, workshops, etc. I can see how GPASC can be in the forefront for training new professionals in conducting group therapy. We can take direct action with insurance companies to educate them as to the value of group therapy. The possibilities are staggering; the opportunities are endless.

A third reason for accepting the nomination was a sense of humility to be included among the long list of past Presidents of GPASC. The list includes many of the pioneers in the field of psychotherapy and group psychotherapy in particular. These people were in the forefront of psychotherapy and innovators in the field. Their dedication and contributions will be long-remembered. I hope to honor this tradition by continuing the efforts of my predecessor, Dr. Jo Christner, who virtually single handedly has brought GPASC into the 21<sup>st</sup> century. She has re-vitalized our organization and introduced us to cyberspace!

Many professionals do not even know of our existence. Despite the fact that I have been in private practice for over 35 years and practicing group therapy all of that time, I had never heard of GPASC until I was invited to give a workshop for an annual conference several years ago.

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Our membership consists of approximately 125 mental health practitioners and has been steadily growing during the past year. Many younger members are finding out about GPASC and wish to be part of one of the oldest interdisciplinary professional associations dedicated to group psychotherapy in the country.

I have three goals for this year; they may be rather lofty. However, I like to reach beyond the probable into the world of the possible. With your help, we might be able to:

1. develop a task force to contact managed care organizations to encourage them to include coverage for group therapy as an appropriate and often preferable treatment modality.
2. reach out to under-represented groups to include their participation in GPASC. We currently seem to be predominantly white and straight. Where are the folks of color? Gays and lesbians? Where are the drug and alcohol abuse counselors? The uniqueness of GPASC is in part due to our representing all disciplines and all practitioners.

3. to maintain and enhance our "up close and personal" style. We are not a large organization; hence it is possible for us to get to each other personally. To this end I have requested that each Board member choose ten names from our membership roster and make personal contact with each of them. You should be hearing from your Board member soon. She/he will introduce himself or herself to you and try to learn more about how GPASC can better serve you. So think about what you want from GPASC. Also, think about what you might like to contribute.

Our Continuing Education Series offers high quality, high energy programs at no cost to members, with each program offering three units of continuing education credit for psychologists, social workers, and marriage and family therapists. Our annual conference offers six units of continuing education credit. Between the two combined we can earn a total 18 units of continuing education units per year fulfilling our requirements for license renewal while networking with other professionals.

Let's not keep GPASC a secret! Inform your colleagues.

### **Message From The Editor** By: Mimi Davis, MFT

It is with great excitement and a moderate amount of anxiety that I launch into my new job as Editor of THE GROUP THERAPIST PERSPECTIVE, GPASC's bi-monthly newsletter. My excitement stems from the enormous respect I have for this organization, its mission and its history, and this opportunity to participate as a truly active and contributing member. My anxiety comes from concern that I may not live up to the contribution and work of my predecessor, Marcia Craig-Smith, or that I won't find personal ways to enhance and expand on what the "Group Therapist Perspective" already has going for it. None the less, with that caveat expressed and my ego somewhat protected, here I go.

Groups of all kinds allow individuals to interact, have a voice, find support, learn new behaviors, ideas, or better ways to experience life, find strength through identification, socialize, operate politically and impact the larger society that the groups (and the individuals within the groups) are part of. Groups can also, however, lose energy, focus or usefulness...can overwhelm its individual members...and can even reinforce negative or destructive behaviors that its individual members might not engage in outside the "protection" of the group. In an era when many people feel alienated from each other, when families are separated by geography, divorce or economics, when more and more people are isolated by class, computer or commerce....it is amazing when people actually

come together to improve the human condition, increase connectedness and provide forums for growth. Such a group is GPASC. It seems imperative, therefore, that groups such as our own, whose aim is to provide various arenas for the humanistic and constructive development, enlightenment and actualization of individuals (therapists and clients alike,) be supported and expanded with as much passion, voice and energy that its individual members can provide.

We, the members of GPASC, represent growth and strength through connectedness...enlightenment and insight through relatedness. But our strength depends solely on the voice and passion of its members. To paraphrase Emile Zola's eloquent statement, to be effective we must THINK OUT LOUD. To reach others, we must be heard. I invite all members of GPASC to approach this year OUT LOUD. To share, contribute, agree or disagree, provide passion and creativity... to keep connected and keep alive. This newsletter will create a new forum for members to be heard ("MemberSpeak", starting in the next issue)...now it is up to all of you to SPEAK UP! About therapy, about our society, about our defeats and joys, about our visions, hopes or fears for the future...but all OUT LOUD. This voice is the source and the gift of group experience. USE IT!!!

**"IF YOU ASKED ME WHAT I CAME INTO THIS WORLD TO DO,  
I WILL TELL YOU: I CAME TO LIVE OUT LOUD."**

**Emile Zola**

## CYBER JENN

With the summer in full swing, I'd love to say I was getting out more, but here I am, still sitting at my computer—ready to share some tips and tricks with you.

**Internet Tips:** Changing your home/start page (the page that appears when you open your web browser:

**In Microsoft Internet Explorer**, navigate to the page you want to use and then choose Tools-Internet Options. When the dialog box opens, click the General tab (if necessary). Now, under "Home page," click Use Current and then click OK. **In Netscape**, navigate to the page you want to use and choose Edit-Preferences. When the Preferences dialog box opens, click Use Current Page and then click OK.

**Internet Tip #2:** The best spot on the Web for learning is Slashdot.com. Slashdot has postings and links to articles mostly relating to technology -- and comments about them. There is a lot of information, it can appear overwhelming, but it's great info.

**Beginner Tip for PC Users:** Need to clean up your desktop—too many icons all over the place? With one right click, you can bring order to chaos. On your desktop, right-click anywhere where there is no icon. A small menu will appear with several options. Select the Arrange Icons and choose the way you want them to be ordered.

**For Mac Users:** Due to the rapid changes in technology, technical magazines, by their nature, tend to become outdated rather quickly. A magazine that has stayed up to date is MacAddict. MacAddict has proved to be interesting, timely, humorous, and information-packed. Included with each issue is a CD-ROM with loads of software and other goodies. Check out their Interactive Web site. [Http://www.macaddict.com](http://www.macaddict.com)

Enjoy these tips and tricks. Don't forget to check out the GPASC web site often—see pictures from events, learn about upcoming opportunities to earn low cost CEUs, find members to refer people to and get yourself listed to receive referrals from others. One of the greatest benefits of GPASC being online is the ability to share useful information with you—be sure to take advantage of all that GPASC has to offer.

## President's Party

GPASC would like to thank all of the members and volunteers that attended the President's Party and helped make it a success. Joanna Angsten and Jennifer Horowitz, with the help of Dini Moseman, Louise Silverberg and many others, put together a wonderful party. The party was held in beautiful Pacific Palisades, at the home of Ed and Barbara Dreyfus - on top of a hill overlooking the ocean. A good time was had by all.

New members had the opportunity to meet and mingle with older members, the new GPASC Board was introduced and outgoing President, Jo Christner, was presented with a plaque in appreciation of her invaluable energy, contributions and commitment to GPASC throughout the past year.

Many commented on the warmth and friendliness of the group and expressed their pleasure at being involved with such a wonderful group.

One of the highlights of the event (aside from the wonderful food, pleasant company and speeches given by Past President, Jo Christner, and President, Ed Dreyfus) was the raffle. With many great prizes we had an excellent response.

### **Congratulations to our winners:**

Mimi Davis won 3 books.

Barbara Perle won a book.

Bill Flaxman won a free web site.

Vicki Dauber won a free Conference admission.

Jo Christner won a free one year GPASC membership. True to the Past President's giving style, she gave her membership to Julie Trudeau. Thank you Jo, and welcome Julie!

Bob Neches, husband of Newsletter Editor Mimi Davis, photographed the whole event. Be sure to check out Bob's wonderful photos on our web site. [www.gpasc.org/photoalbum.html](http://www.gpasc.org/photoalbum.html) Thank you, Bob!

We look forward to seeing you all at the next GPASC event.



# Member's Bulletin Board

A place for members to list any of the following for FREE:

•Office address and phone changes •Available office space •Job Opportunities •Professional achievements and awards • New therapy groups being formed •Therapy group openings •••All advertising for mental health services must include the practitioner's license number. One 30 word Ad per issue free; \$10 for any part of any additional 10 word increment. Additional Ad (s): \$15 for 30 words: \$10 for any part of any additional 10 word increment.

**Group Openings:** Six heterogeneous (mixed ages and genders), psychodynamic groups, from high to moderate functioning. Marvin Kaphan, (LCS 181, MFT 717) (818) 766-9540, mkaph@aol.com

**SAVE THE DATE!**  
**GPASC ANNUAL CONFERENCE**  
**NOVEMBER 4, 2001**

**Bereavement Groups:** Widow/Widower Loss Groups in the Valley and Westside. Contact Marilyn Stolzman, Ph.D. for details, at the H.O.P.E. Unit Foundation, (818) 788-HOPE (4673).

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• **Openings:** Mixed Single Group - Young Women and Men for Supportive Therapy Group Saturdays, 11:00am-12:30pm. Low Fee \$25./week. Call Rich Hirschhoff, MFT (310) 281-8476  
• Lic.#MFC32070  
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**Grief Groups Forming** for people suffering: the loss of a PET, loss of a Friend, and/or a Family Member. Vivian Sontag, MFT (MFC 36533) 818-886-8860

**Co-Ed Adult Personal Development Group:** Growth and insight oriented group, high-functioning, addresses interpersonal dynamics in a supportive environment. Wednesday, 6-7:30 pm. Glendale. Jim DeSantis, Ph.D., C.G.P., (PSY10315) (818)551-1714.

**Congratulations** to GPASC member Irene Harwood, Ph.D., MFT, LCSW, Psy.D. for recently getting her Psy.D.

**Men's Personal Development Group:** Growth and insight oriented group addresses male-female relationships, work life, coping, and roles. Thursday, 6-7:30 pm. Jim DeSantis, Ph.D., C.G.P., (PSY10315) (818)551-1714.

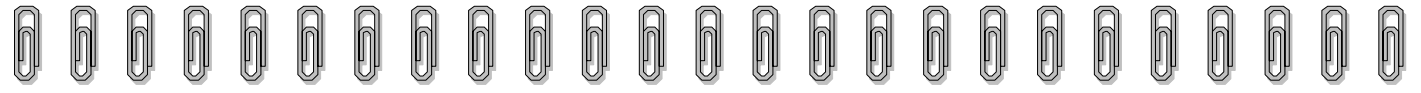
**Gay Men's Personal Development Group:** Growth and insight oriented group addresses life enrichment, self-esteem, and personal relationships.. Tuesday, 6-7:30 pm, Glendale. Jim DeSantis, Ph.D., C.G.P. (PSY10315) (818) 551-1714

**Santa Monica Mixed Group** (Tuesdays, 7:30 - 9:30 P.M.): openings for 2 men in an ongoing dynamic group focusing on self-development, resolution of emotional distress, & increased effectiveness in work and intimacy relationships. Bill Flaxman, Ph.D., M.F.T. (MFT 11720), (310) 452-6693.

**Marketing Workshop** for licensed therapists and interns wanting to build a private practice. Action-oriented didactic, support, and homework format. 12 facilitated meetings, every other Tuesday, 10-11:30 am, Glendale. (818) 551-1714

**Couples Group Forming:** Change ongoing patterns of conflict and emotional distress that distance partners from each other. Learn how to deepen the trust, honor your connection, and achieve intimacy & relationship satisfaction. Bill Flaxman, Ph.D., M.F.T. (MFT 11720), (310) 452-6693.

**Ongoing Gay men's psychotherapy groups** meeting weekly In West Hollywood. Openings available in Yalom-model process groups. Please contact Steven Isaacman, MFT (#MFC29803) 323-654-7582.



## MEMBER SPOTLIGHT

### **Marcia Craig-Smith, Psy.D.**

Marcia Craig-Smith, Psy.D. has been an active member of GPASC for two years, during which she has been actively involved as newsletter editor (2000-2001) and helping out behind the scenes with the GPASC Annual Conference, President's Teas and CES meetings. Dr. Craig-Smith states that her short involvement in GPASC has helped her increase her visibility and benefited her group work tremendously.

Dr. Craig-Smith is a licensed clinical psychologist with an office in Culver City, working with adults and older adults. Additionally, Dr. Craig-Smith has worked as a consultant with Didi Hirsch community Mental Health Center as well as the Alzheimer's Association of Los Angeles in Program Development and Implementation as well as staff training. She also teaches a Stress Reduction Workshop at the Community Services Extension Program at Santa Monica College as well as facilitating two weekly bereavement groups for widows and widowers in Encino and West Los Angeles for the *H.O.P.E. Unit Foundation*. Dr. Craig-Smith assists as a mock Psychology Orals Examiner for *Psych Prep* as well as coaching and providing stress management for exam candidates individually. She has utilized hypnosis successfully for the past ten years as adjunct therapy to the clients of her colleagues in addition to her own clients. Dr. Craig-Smith's latest accomplishment is her Yoga Instructor Certification two years ago.

Dr. Craig-Smith can be reached at her office address of 10811 Washington Boulevard, Suite 280, Culver City, California 90232: Telephone (310) 389-4498.

### **Jennifer Henry-Horowitz**

Jennifer Henry-Horowitz has been working with GPASC for over 2 years, during which time she has built, revised and re-revised the web site (it's a work in progress), done administrative tasks, helped out at the Conferences, taken over the layout of the newsletter and been active in GPASC events.

Jennifer started her career in Social Work, focusing on working with seniors. After 2 years in the field—Jennifer chose a different career path and headed into computers and the world wide web. Aside from being the Administrator for GPASC Jennifer also teaches computer lessons, does web design and development and enjoys designing graphics.

With many exciting transitions—the transition from GPASC Administrator to Computer Specialist (June 30), and a recent marriage, Jennifer is enjoying life and looking forward to continued growth in her career.

Please stay tuned to [www.gpasc.org](http://www.gpasc.org). Watch for exciting new additions and updates over the coming months.

Jennifer can be contacted at (714) 374-6251 or via email at [tortuejenn@earthlink.net](mailto:tortuejenn@earthlink.net).

**Newsletter Submissions Dates:** All members that are submitting an ad or article for *The Group Therapist Prospective*, must submit by the following dates:

August/September Issue.....July 6th  
October/November Issue.....Sept. 7th  
December/January Issue.....Nov. 9th  
February/March Issue.....Jan. 4th  
April/May Issue.....March 1st  
June/July Issue.....May 3rd

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## FEATURED ARTICLE: Creating Leaderless Groups: A New Modality for Clinical Practice

By Steve Wolf, Ph.D.

I am founder of the Village Circle Project having created and supported seven leaderless groups over the past 4 years. This experience has become the most exciting, challenging and rewarding aspect of my clinical practice, in addition to being of Significant financial benefit as well. I bring people together who share some fundamental values and a common desire to pursue the work of self-exploration outside of the traditional doctor-patient medical model of therapy. Over time these leaderless groups have provided a safe haven for members to share their deepest troubles and greatest successes, to risk emotional authenticity and feeling expression, and to give and receive compassionate support and honest feedback. Some participants feel “like family” in the positive sense of the word. My sense is that creating these groups is the closest I will ever get to the birthing experience.

I started my first leaderless group as a participant with other men in 1970 when some women friends began meeting in their first consciousness raising groups. “If they can do it so can we” I said, and so we did. While my geography has changed, and individual groups and group members have come and gone, my participation in leaderless men’s groups continues to be invaluable to me today, 30 years down the road.

Like many other of my mid-50 year old cohorts, I ran a long gamut of traditional and innovative group processes and consciousness raising trainings as a participant in the 60’s, 70’s and 80’s, and lead groups in hospitals, schools, drug programs, prisons, outpatient treatment centers and private practice, all of which have contributed to what I now bring to the Village Circle Project.

In the mid 1980’s I was asked to join a group of men and women therapists who had been meeting bi-weekly for five years in a leaderless group they called SOLARIS. These 4 women and three men, (Jungian trained analysts, psychologists, and art therapists) had evolved a powerful process which I now refer to as the Solaris method, for doing the work of self-exploration in a peer group format. I was a psych assistant at the time and participated with the group for two years, as the youngest member. In addition to learning a great deal about myself both as an individual explorer of my own psyche, and as a therapist amongst a group of elders, I became familiar with what I consider to be a jewel of group process that I now teach as part of the Leaderless Group, Village Circle Training.

As a doctoral student at the Saybrook Institute I became curious about the history of leaderless groups and reviewed the literature. I learned that they had been at the center of the Judeo-Christian traditions for thousands of years; at the heart of European culture as guilds and of revolutionary America in the form of town meetings, sewing circles, or fire brigades; utilized in a variety of treatment centers from hospital backwards to

outpatient centers, and that, in fact millions of Americans had been participating in them for decades in the form of 12 step programs. Additionally, at the time of that review of the literature I found no indications of harm to participants in any of these circumstances. My interest was piqued further.

I recognized that all of these leaderless groups had been formed around a focused purpose. Participants were either dedicated to a common religious/spiritual path (eg. The Quakers), had a common goal (Clean up the Creek), or shared a common problem (bereavement, MS or addiction). I began to consider the possibility that leaderless groups could be formed for the common purpose of self-exploration and individuation. I also felt quite strongly that these groups should be comprised of both men and women so that we could go beyond what we have been learning in the gender specific groups which I continue to value. So, as a graduate student, I did an experiment. I interviewed about 50 people, selected about 25 (I’ll discuss criteria for selection later) and formed three groups. I trained them in a workshop format over a 3 month period of time and let them go. Two groups lasted for two years and the third group stayed together for five years. Some of those people remain in contact almost 20 years later. I felt that the experiment had been a success. However, life being what it is, I dropped the idea for about 15 years.

In 1996, during a post-partum period following the completion of my book “Romancing the Shadow”, I became re-inspired. Times had changed. Managed care had virtually taken over health care delivery, including out-patient psychotherapy. Individual one-on-one therapy with a qualified professional was expensive and therefore elitist, and hierarchically placed within the medical model. As a clinical psychologist in private practice it seemed to me that a significant number of individuals who came to me as clients did so seeking support and guidance addressing challenges of living in a fast paced, complex, isolated society and that once they decided to terminate therapy they had no where to go to continue their work. In addition, few had a sense of belonging to a true community. They had insufficient resources to talk about their deepest soul-felt issues and, unless they were in a committed relationship with a significant other or friend who was willing and able to “do the work”, they had no safe place to truly explore authenticity, projection or feeling expression. So, The Village Circle Project was reborn: Psychologically

## Featured Article continued...

oriented, spiritually centered leaderless groups for self-exploration, etc. Group number 8 is now being formed. The oldest group has been meeting for 3 ½ years.

These are not therapy groups in which patients are being treated by mental health professionals. These are groups for learning and self-exploration where trained therapists function as educators and coaches, training non-therapists to implement group processes to achieve their self-expressed goals.

The therapist/educator/coach has several functions. The first is for the therapist to screen and select participants. Each participant must first meet the following criteria:

1. They value psychologically oriented self-examination and authentic communication.
2. They have experienced at least one year of psychotherapy or its equivalent and are therefore familiar with the notion that they have been influenced by their parents and family of origin during childhood and consequently, at times, they unconsciously replicate historical, self-sabotaging patterns in the present.
3. They accept the premise of a higher power that allows them to recognize a fundamental spiritual equality with other human beings.
4. They each agree to operate under the assumption that whatever they might react to in another is a reflection of some aspect of their own psyche (projection) which makes it possible to deal with power, authority, leadership and personality conflicts which will inevitably occur.
5. Lastly, they each express a strong desire to integrate a leaderless group process as described into their lives.

Obviously these groups are not for everyone. These individuals are functioning at a fairly high level. Think about it. When was the last time you were in a group of individuals who you knew shared these basic values? It would

seem to provide a safe foundation for self-expression and, in fact, it tends to do so in these groups.

The therapist must then conduct one-on-one screening interviews for two purposes: to evaluate if each individual has the emotional/psychological stability to function in a leaderless group format and to provide participants with the safety of knowing that they are not joining an open, walk-in group because all other perspective members have gone through the same screening process as themselves.

The clinician next trains the group for approximately six months. Participants are not being taught to “do therapy”. They are being educated in specific methodologies that will assist them to deal with inevitable challenges and crises that will occur.

The therapist as trainer then gradually weans him or herself from regular meetings but remains as coach and as an available support person for the group. In a sense, the group becomes your client, and you have provided an excellent resource for individuals who feel they wish to continue their self-exploration outside of the traditional pay-for-service, medical model format.

While others have commented, “Oh, it looks like you’re putting yourself out of business”, that is far from the truth. As “educator and coach” I get paid for my time, have supplemented the income to my therapy practice, have expanded my client referral base and I receive great reward from knowing that the groups have made a profound difference in peoples lives. I am truly inspired about this new modality and look forward to expanding the Village Circle Project in the future.

Steve Wolf, Ph.D. (PSY10230) received his doctorate from Saybrook Institute in 1986. He was clinical director of a therapeutic community in Rikers Island Prison, director of psychological services for Project Turnaround, a skid-row acupuncture detox program sponsored by the LA Sherriff’s department, process-consultant to Boards of Directors of alternative schools, soccer and basketball coach, and co-author of “Romancing the Shadow, A Guide to Soul work for a Vital Authentic Life.” In addition to the Village Circle Project, Steve is presently in private practice in West LA, on the Board of the newly created Topanga Mountain School, leading a professional therapy supervision group and serving as Chairman of the GPASC annual conference for 2001.

## Nathaniel Branden presents at CES

Reserve the date: Sunday, September 23, 2001

Noted psychologist, recipient of GPASC's Distinguished Contribution Award and exciting speaker, Nathaniel Branden, Ph.D., will present on SELF ESTEEM, LOVE AND WORK, discussing what he calls "The Six Pillars of Self Esteem." Branden's presentation, both didactic and experiential, which is next in GPASC's Continuing Education Series (CES), will begin at 1:00 p.m. and end at 4:00 p.m., following GPASC's bi-monthly Board meeting, starting at 10:30 a.m. The location of the CES presentation and the Board meeting, which is open to all members, is RYOKAN COLLEGE, 11965 Venice Boulevard, Los Angeles.

GPASC's nominal fee for the CES presentation is \$25.00 for non-members. Attendance by members is GRATIS.

Three CEUs will be available at a cost of \$10.00. MCEP approval is pending and when received, three MCEPs will be available at a cost of \$12.00. For reservations, call Matt Seidman, Ph.D. at (818) 788-8110.

## Welcome New GPASC Members

We wish to heartily congratulate the following new GPASC members, voted upon and approved by the Board of Directors:

Geraldine Flaxman, MFT (Full Member status)

Eileen Missey, MA (Affiliate Member status)

We invite you to attend Board meetings and to advise us of your interests in a variety of committees. I look forward to your participation!

Doris McElwee, MFT  
Membership Vice President

## Advertising Rates and Information

- ◆ All copy should be print ready
- ◆ Ads must be accompanied by a check, made payable to GPASC
- ◆ Member rates apply to current GPASC members only.
- ◆ Send copy and check to: PO Box 491191 Los Angeles CA 90049

Type of Ad	Size	Member Rate	Non-Member Rate
Full page display	7.5" x 9.5"	\$75	\$110
3/4 page display	5.0" x 7.0"	\$60	\$90
1/2 page display	7.5" x 4.75"	\$40	\$60
1/4 page display	4.75" x 4.75"	\$30	\$50
1/8 page display	4.75" x 2.25"	\$20	\$35
1/16 page display	2.5" x 2.25"	\$15	\$30
Business card	3.5" X 2.0"	\$15	\$30
Classified Ads*	30 words	\$15	\$25
Flyer Inserts**		\$75	\$90

\* \$10 additional charge for any part of any additional 10 word increment

\*\*Flyers (250 copies) should be photocopied on any color 20 pound paper and delivered to the GPASC address by the newsletter deadline. Contact Newsletter Editor for deadlines.

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**Save the Date!**  
**November 4, 2001**

**Group Psychotherapy Association of  
 Southern California Annual Conference**

**CALENDAR OF EVENTS**

**September 23, 2001:** GPASC Board Meeting. All members welcome

**September 23, 2001:** CES: - The Six Pillars of Self Esteem. RYOKAN COLLEGE, 11965 Venice Blvd, L.A.

**November 4, 2001:** GPASC Annual Conference– Details to be announced.

Please check <http://www.gpasc.org> for updates and additions to the Calendar of Events.